IRB# 19200800
Expires: 4/6/2021

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Seattle Pacific UNIVERSITY

INFORMED CONSENT
Healthcare Provider Mental Health
and Suicide Risk Survey

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PURPOSE

The purpose of this study is to understand the experiences of frontline healthcare workers providing care for COVID-19 patients and identifying factors that may contribute to mental health concerns and suicide risk. We also want to determine if facilitating the development and use of a coping/safety plans will help manage distress, and increase resiliency, and decrease risk for suicide. The number of people that will be part of this research is 100.

PROCEDURES

The interview will take place on http://doxy.me and take a maximum of 120 minutes. During the interview, we will ask you about your experiences providing care for COVID-19 patients and current mental health conditions. The interview will be recorded using Panopto, in which you have the ability to consent to audio only or audio/video recording of the interview. At the end of the interview, you will be guided to complete a coping/safety plan and debriefed on the procedures for conducting weekly follow-up surveys.

Follow-up surveys will be completed on Qualtrics. For the 10 weeks following this interview, you will be invited to complete weekly surveys that assess for changes in mental health conditions and suicide risk. The surveys will take a maximum of 20 minutes to complete. Finally, you will be invited to complete follow-up surveys at 6 months and 1 year after this interview. Each of these follow-up surveys will take a maximum of 40 minutes to complete.

RISKS and DISCOMFORTS

Some questions in the interview and surveys deal with personal matters and it is possible that you may experience discomfort and negative emotions while responding to them. If there are specific questions that you do not feel comfortable answering, you are free to skip those questions. Skipping questions will in no way affect the compensation that you will receive for participation. If you become so distressed that you wish to drop out of the study, you may do so without losing compensation for the time you spent participating. Further, if your responses

indicate that you are at risk for suicide we will take the steps necessary to ensure that you are safe. If we become aware that you are at an elevated risk for suicide during the follow-up surveys, we will contact you to conduct a more detailed risk assessment and take the necessary steps to ensure that you are safe. Otherwise, you will be exposed to no physical, psychological, and/or social risks as a result of participation in the current study.

BENEFITS

There are no direct benefits to participants. However, the process of talking about your experiences may provide relief from distress and negative emotions. Further, the study will benefit the society by helping us understand and improve mental health and suicide risk of healthcare workers during a pandemic.

PARTICIPATION AND ALTERNATIVES TO PARTICIPATION

Your participation in this study is voluntary; you may decline to participate without penalty. If you decide to participate, you may skip any questions or withdraw from the study at any time without penalty and without loss of benefits to which you are otherwise entitled. If you withdraw from the study before data collection is completed, your data will be returned to you or destroyed. Likewise, the researcher may terminate your participation in the study at any time.

EMERGENCY MEDICAL / PSYCHOLOGICAL TREATMENT

Seattle Pacific University does not offer to reimburse participants for medical claims or other compensation. If physical injury is suffered in the course of research, or if you experience distress as a result of participation in the study, please notify the principle investigator, Dr. Keyne Law at 206-281-2956. Additionally, if you experience any thoughts of suicide, you can call the National Suicide Prevention Lifeline at (800-273-TALK) for free, anonymous, 24-7 help.

CONFIDENTIALITY

You will be assigned an ID number and identifying information will be removed from all data, with the exception of this consent form. Data will be stored electronically on password protected private computers of the investigators and will be made available only to persons conducting the study. Interviews will be conducted through https://doxy.me and recorded using Panopto, in which you have the ability to consent to audio only or audio/video recording of the interview at the end of this form. Interview will be stored on Dr. Law's SPU OneDrive server until they have been transcribed for a maximum of five years; transcriptions will also be stored in the same server. Survey data will be stored on Dr. Law's Qualtrics' server.

Consistent with journal/guild expectations and the ethical principles of open science, a fully anonymous and non-identifiable version of the responses (i.e., dataset) may be posted online (e.g., to the APA-endorsed "Open Science Framework" [www.osf.io] or to the journal, submitted with the research article). All data will be thoroughly inspected prior to dissemination to confirm that no responses could inadvertently identify a participant, either directly or indirectly. Posting data (commonly referred to as 'data sharing') is necessary for reproducibility and replicability in science, allows peer reviewers and meta-analysts to check statistical assumptions, protects the field against data fraud, is required by journals and reviewers in social/personality psychology, and is increasingly seen as an ethical obligation within psychology.

COMPENSATION

You have the opportunity to receive up to a total of $30 for your participation in the study. You will receive $10 compensation following the interview. You will receive $1 compensation for every survey you complete in the 10 weeks follow-up period. Finally, you will receive $5 compensation for each completion of the 6-month and 1-year follow-up survey. You have the choice of receiving

compensation through PayPal or in the form of a gift card.

SUBJECT RIGHTS

If you have questions at any time about the study or the procedures, (or you experience adverse effects as a result of participating in this study,) you may contact the Principal Investigator, Keyne Law, at Seattle Pacific University, 3307 Third Ave. W., Suite 107, Seattle, WA 98119-1922 and 206-281-2956. If you have questions about your rights as a participant, please contact the SPU Institutional Review Board Chair at 206-281-2201 or IRB@SPU.edu .

CONSENT

Your signature on this form indicates that you have understood to your satisfaction the information regarding participation in this research project and agree to participate in this study. In no way does this waive your legal rights nor release the investigators, sponsors, or involved institutions from their legal and professional responsibilities.

I have read the above information and agree to participate in this study. I have received a copy of this form.

I consent to:

❒ **Audio-only recording**

❒ **Audio-video recording**

Participant's name (print): _____

Participant's phone number: _____

Participant's E-mail address: _____

Participant's signature: _____

Date: _____

Researcher's name (print): _____

Researcher's signature: _____

Date: _____

Copies to: Participant Principal Investigator